

Lunch Menu for July Pre-school to Gr.9

Mon.	Tue.	Wed.	Thu.	Fri.
1				
rice				
pork and corn stir fried with basil				
simmered deep-fried minced fish and vegetables and carrots				
simmered freeze dried tofu and soy bean (edamame)				
shrimp tempura				
tossed cauliflower and fish cake tempura				
simmered hijiki (seaweed)				

Happy Summer Vacation!

